



Buckhead Aquatics

Common Swimming Terms

AGE GROUP SWIMMER – all USA SWIMMING registered swimmers age 14 and under.

BA - the official abbreviation for Buckhead Aquatics for use on all entry forms for meets.

www.buckheadaquatics.com

CIRCLE SEEDING - A method of seeding swimmers when they are participating in a prelims/finals event. The fastest swimmers are seeded in the last three heats, with the fastest swimmers being in the inside lanes.

DECK SEEDING - a procedure of assigning swimmers to proper lanes and heats immediately before each event at the “Clerk of Course” (an area at the meet where swimmers report before their event to be arranged into their heat and lane assignments. The “clerk of course” is generally located near the starting area).

IM (INDIVIDUAL MEDLEY) – An individual race consisting of one leg of each stroke - butterfly, backstroke, breaststroke, and freestyle, in that order.

FINALS - the session of a meet where the meet winner is determined. In a “prelims/finals” meet, finalists are determined by the fastest swimmers in the preliminary rounds (generally swum earlier in the day).

GEORGIA ALL-STAR - any USA SWIMMING registered swimmer from any Georgia Swimming team who achieves an AAA time standard in any event is a “Georgia All-Star.” At the annual Georgia All-Star Banquet (usually held each year in the Spring), they are

honored and presented with a personalized "All-Star" towel.

GEORGIA SWIMMING - the name of the Local Swimming Committee (LSC), charged by USA SWIMMING to govern competitive swimming in the state of Georgia: www.gaswim.org

HEAT SHEET - a listing of all swimmers by event number, heat, and lane assignments in the meet. These are available for purchase at the meet.

LONG COURSE - a type of competitive pool, which measures 50 meters in length. The standard size for all international competition and all world record swimming is the 50-meter course. Typically, USA SWIMMING's Long Course meets are conducted from the end of April through August.

(POSITIVE) CHECK-IN - The procedure required before a swimmer swims an event in a deck-seeded meet. The swimmer must mark their name on a list posted by the meet host.

PRELIMS - In “prelims/finals” meets, the qualifying rounds held for each event to determine the finalists.

PSYCH SHEET- a ranking by seed times for all the swimmers entered in each race of a meet.

REFEREE - the USA SWIMMING official who has the authority over all other officials at the meet. He makes all final decisions and sees to the efficient running of the meet.

SEED TIMES - the time a swimmer uses to enter a meet. This time determines one's heat and lane in the particular event.

SENIOR SWIMMER – all USA SWIMMING registered swimmers age 15 and over.

SHORT COURSE - a type of competitive pool, which measures 25 yards or 25 meters in length. Typically USA SWIMMING short course meets are conducted from September through the end of March.

SPLIT - a per lap time that coaches often record for teaching the concept of pacing. For instance, a swimmer's time for each 25-yard leg of a 100-yard event is her split.

STARTER - the USA SWIMMING official at a meet responsible for starting each heat and calling the next to the blocks.

STROKE & TURN JUDGE - a certified USA SWIMMING official who determines the legality of swimmers' strokes.

TIME STANDARDS - certain qualifying times which have been set up annually by USA SWIMMING, Local Swim Committees (such as GA Swimming), USA SWIMMING Zones, etc.

TOUCH PAD - the part of an electronic timing system that rests in the water at the finishing end of each lane. Swimmer's times are electronically recorded when the pad is touched.

UNATTACHED (“UN”) - the status a swimmer receives when changing from one USA SWIMMING club to another. A swimmer must be "unattached" for 120 days from their last competition with their previous USA SWIMMING club. During this time they may compete individually, but not in relays, without representing any club.

USA SWIMMING - the governing body for all amateur swimming in the United States.

www.usaswimming.org

USA SWIMMING ANNUAL RULEBOOK – USA SWIMMING’S annual manual that includes all current technical & administrative rules. A copy of the current USA SWIMMING rulebook can be found on Buckhead Aquatic’s website.

USA SWIMMING # (ID) - the personal registration number of each athlete member in USA Swimming. The formula for deriving your USA SWIMMING # is: birth date (6 digit format MMDDYY), first three letters of the

first name, middle initial, and first four letters of the last name. If Anne B. Smith were born on January 1, 1998, her USA SWIMMING # is: 010198annbsmit